

# Newsletter

FAMILY & CONSUMER SCIENCES

## Boyle County Homemakers



Kentucky Extension  
Homemakers Association



Martin-Gatton  
College of Agriculture,  
Food and Environment  
University of Kentucky

**October 2025**

### This Month's Issue.....

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HAPPY FALL



*Just a Note from your Agent*

It's finally FALL!! October has so many exciting opportunities to get involved with Homemakers. Don't forget to mark your calendars for all sorts of fun events and classes you don't want to miss. Big thanks to new member Angelia Wix for taking the time and the initiative to create a flyer to promote activities during Extension Homemakers Week. Hope you can attend and bring a friend to participate in the festivities.

Thanks to everyone who made the 100th Celebration of Lancaster Rd such a success. Congratulations Lancaster Road Club for reaching such an exciting milestone. Keep up the great work!

**Alethea Bruzek**

*Boyle County Extension Agent  
for Family and Consumer Sciences*

### Upcoming Events

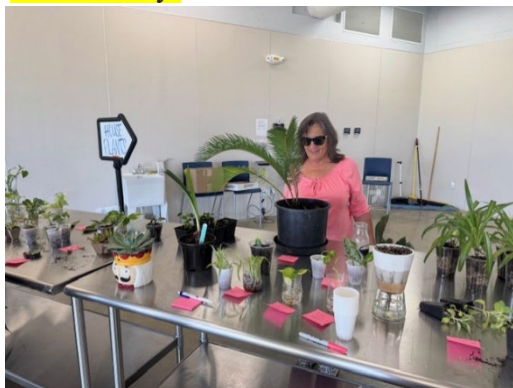
- Leader Lesson: Air Fryers- October 1<sup>st</sup> at 11am at the Boyle County Extension Office
- Area Annual Meeting in Garrard County. Pre-registration required
- Extension Homemakers Week October 12-18 2025
- Executive Board Meeting- October 20<sup>th</sup> at 12pm at the BCEO
- County Council Meeting- October 20<sup>th</sup> at 1pm at the BCEO
- Sew a Salvage Tote-Friday October 17 9:30a-3:00p-BCEO
- Craft Supply/Swap Sale-October 18, 10:00-3:00p-BCEO
- Unfinished Object Day (UFO)-October 18-10:00a-2:00p-BCEO-Call to sign up
- Let's Upcycle a Jacket-October 20, 6:00-8:00p-BCEO



## Club News

**76'ers-** Welcome new members to Homemakers! We are all so excited to get to know you while making memories with you! Thank you to all who volunteered to help make the Kick Off Picnic a huge success! Happy Centennial Birthday to Lancaster Road Homemakers! Thank you for including us in your special celebration! Our September meeting was at the Boyle County Library. We had a very informative slide show on a lot of different opportunities that the library offers both in the building and online to all of us. We ended the presentation with a tour of even more our library offers. We are truly blessed with all the different opportunities and resources that are available to all of us! As the saying goes Knowledge is Power, so we encourage all to visit the resource desk at the library to learn more about all these opportunities and resources. October calendar is filling up fast, so grab your pumpkin spice coffee and donuts and joins us to celebrate both Homemakers Week and craft camp. We want to send a huge thank you to Angelia Wix for organizing Homemakers Week! Homemakers Week is October 12-18. Craft Camp is October 25th. *Tiffani Adams*

**Wilderness Trail-** Happy fall everyone! We had a great kick off to the year at our September meeting with 11 attending. Thanks to our host and co-host Betty Gayle and Rita W. The baked potatoes were a hit! Thanks to Rita B's Helpful Hints segment with hints on making your own devices to clean mini blinds and repurposing that (old) toothbrush to clean hard to reach places! And thanks Ramona for the "make your own laundry detergent" demonstration and sample for everyone! Please fill out your Homemaker of the Year nomination paper and get that turned in to me, or the committee. There are lots of things going on at the Extension office in October, Craft Sale, October 18<sup>th</sup>; also Craft Camp the 25<sup>th</sup> (needs preregistration); Homemaker's Week is October 12-18, look for what we should do that week to celebrate. Make sure you get your enrollment form and dues (\$15.00) paid to Mary Elizabeth, she has a deadline to meet with county. If you need to make arrangements by mail with her (859-583-0785) just give her a call. Thanks to all who helped with the Farm Bureau County Fundraiser, from baking cakes to washing potatoes, setting tables, serving and clean up! Many hands make light work! And a HUGE thank you to Geraldine for always putting this event together for the county. "She believed she could, so she did!" • January meeting date change 1-8-26 (2<sup>nd</sup> Thursday) NOT 1-1-26 (first Thursday) I will let you know what room we will meet in. \* This is a one time change, meeting will resume on the first Thursday as usual other than January.



*Plant Swap 2025*



*In the Face of Disaster  
Leader Lesson  
Escape Room Activity*





## Homemaker Week Schedule of Events October 13<sup>th</sup>-16<sup>th</sup>

## ✿ IN LOVE WITH HOMEMAKERS ✿



**Boyle County Extension**  
**99 Corporate Dr., Danville**

- 

**Homemaker of the Year Announcement  
Special Door Prize Giveaway  
(valued over \$75 – announced at the tasting  
party!)**

- Each club is invited to create a fall-themed basket for our Silent Auction held during Thursday's Tasting Party.
- Donations are also welcome!

- **Attend any Homemakers Week Event → 1 ticket per event**

**Register as a New Member and pay your dues at the “Tasting Party”.**

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Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Lexington, KY 40506



Disability accommodations with prior notice

**Location: Boyle County Extension-99 Corporate Dr., Danville**





## Upcoming Events & Classes

### **Upcycle Boho-inspired Denim Skirt**

Come learn how to change a pair of jeans into a fun boho-inspired skirt. a detailed list of supplies will be sent after sign up. You must have sewing experience to participate. Limited space. Cost: \$7.00 Monday, October 6, 6:00-8:00 pm

### **Sew a Selvage Tote**

Gather your selvages! After cutting off and saving your cotton selvages, this is an opportunity to create a unique tote. Size approximately 22" X 16" X 8". Bring all your selvages, 1 yard of a sturdy fabric such as canvas, duck cloth or denim; sewing machine and sewing supplies with neutral thread. Pick out a coordinating cotton fabric for lining and pockets; ¾ yard. Other supplies will be furnished. Cost is \$12.00. Friday, October 17, 9:30-3:00 pm

### **Let's Upcycle a Jacket**

Using trim, lace, fabric pieces, vintage linens and your imagination, come turn a jacket into a unique Boho-influenced garment. A detailed list of supplies will be sent after sign up. You must have sewing experience to participate. Limited space. Cost: \$7.00. Monday, October 20, 6:00-8:00 pm

### **Folded Star Ornament**

Using pieces of fabric, pins and a Styrofoam ball, participants will create a unique ornament. This technique transfers to other similar projects for home decor. All supplies will be furnished. Cost \$10.00.

Daytime: Thursday, November 13, 1:00-3:00 pm

Evening: Thursday, November 13, 6:00-8:00 pm

### **Reed Snowflake**

An interesting way to use reed and create a snowflake-like hanging ornament that is 13 inches diameter. Bring your hot glue gun if possible, but all supplies will be furnished. Cost \$7.00

Daytime: Thursday, November 20, 1:00-3:00 pm

Evening: Thursday, November 20, 6:00-8:00 pm

### **Macrame Snowflake**

Come learn how to use crochet thread to create a snowflake ornament. Little easier than crocheting a snowflake, using macrame knots make a unique Winter ornament. All supplies furnished. Cost \$7.00

Daytime: Tuesday, December 2, 1:00-3:00 pm

Evening: Tuesday, December 2, 6:00-8:00 pm



# UPCYCLED

## BOHO INSPIRED DENIM SKIRT

**UK** Martin-Gatton  
College of Agriculture,  
Food and Environment  
University of Kentucky



*Date*

**Monday, October 6th**



*Start At*

**6:00-8:00 p.m.**



*Address*

**Boyle County Extension  
99 Corporate Dr.  
Danville, Kentucky**

Come learn how to change a pair of jeans into a fun boho-inspired skirt. a detailed list of supplies will be sent after sign up. You must have sewing experience to participate. Limited space. Cost: \$7.00 Monday, October 6, 6:00-8:00 p.m. Ages 18+

**CLICK HERE TO  
REGISTER NOW!**



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Disabilities  
accommodated  
with prior notification.

**Instructor: Mary Hixson**



Join Us....



# CRAFT SUPPLY SALE & SWAP

## SATURDAY OCTOBER 18TH

### 10:00A-3:00P

BOYLE COUNTY EXTENSION  
99 CORPORATE DR.  
DANVILLE, KENTUCKY



\$10  
Booth Fee

Come join us for our first ever craft supply and swap sale! Taking place on Saturday October 18<sup>th</sup> at the Boyle County Extension office. Interested in selling? Click on the QR code below to apply as a vendor in our sale, which will include (2)-6 foot tables and chairs, approximately 10' x 10' space.

Cost for a booth is only \$10. Deadline to register is Wednesday, October 15<sup>th</sup>.

*All proceeds will benefit community programming and classes.*



Vendors  
Scan Here



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LEXINGTON, KY 40546





Join Us!



**Martin-Gatton**  
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Food and Environment  
University of Kentucky.

# Sew a Selvage Tote



Gather your selvages, after cutting off and saving your cotton selvages, this is an opportunity to create a unique tote, size approximately 22" x 18" X 8".

Bring all your selvages, 1/2 yard of a sturdy fabric such as canvas, duck cloth or denim; sewing machine and sewing supplies with neutral thread. Pick out a coordinating cotton fabric for lining and pockets; 3/4 yard. Other supplies will be furnished.

Cost is \$12.00. Friday, October 17, 9:30-3:00 pm at the Boyle County Extension office located at 99 Corporate Dr., Danville, Kentucky.



**(859) 236-4484**

*Instructor: Mary Hixson*



Scan QR Code  
to Register



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# Upcycling Series

**UK** Martin-Gatton  
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LET'S  
UPCYCLE  
A  
JACKET

\$7.00



Using trim, lace, fabric pieces, vintage linens and your imagination, come turn a jacket into a unique Boho-influenced garment. A detailed list of supplies will be sent after sign up. You must have sewing experience to participate. Limited space.

SCAN QR CODE  
TO REGISTER



**Cost: \$7.00. Monday,  
October 20, 6:00-8:00p**

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**SEWING/  
CRAFT**

**UFO**

(UNFINISHED OBJECTS)

**DAY**

**Saturday, October 18<sup>th</sup>**

**10:00 a.m.-2:00 p.m.**

Boyle County Extension  
99 Corporate Drive

Join us and bring any craft/sewing “unfinished projects” you would like to finish! We will be here between 10:00a-2:00p on Saturday, October 18th. Come anytime during these hours to spread out and tackle those projects!

**Call (859) 236-4484 if you plan to attend.**  
Bring your own lunch/snacks/supplies.

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# REED SNOWFLAKE STAR WORKSHOP

**\$7.00**

**LOCATION:**

**Boyle County Extension**

99 Corporate Dr.  
Danville, Kentucky

**Instructor: Mary Hixson**

**Instructor: Mary Hixson**

**November 20th**  
**1:00 p.m. or 6:00 p.m.**

**Create this traditional Snowflake made from basket reed. All skill levels can be successful. Bring your favorite HOT glue gun and all other supplies will be furnished. Cost is \$7.00. Payment due online upon sign up. Scan the QR Code below to register! Ages 10+.**

**Glue guns will be available for use if needed**

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with prior notification.





# Folded Star Ornament

**UK** Martin-Gatton  
College of Agriculture,  
Food and Environment  
University of Kentucky

*Instructor: Mary Hixson*



Thursday, November 13th  
1:00-3:00 pm & 6:00-8:00 p.m.

Boyle County Extension, 99 Corporate Dr., Danville, Kentucky

Using pieces of fabric, pins and a Styrofoam ball, participants will create a unique ornament. This technique transfers to other similar projects for home decor. All supplies will be furnished. Cost \$12.00. Ages 13+.



Disabilities  
accommodated  
with prior notification.

Scan Here to  
Register





# MICROWAVE BOWL HOLDER

9:00 a.m.-12:00 noon

SATURDAY  
NOVEMBER 1, 2025



Tired of burning your fingers on your hot bowls of soup? Then this is the class for you! Kits will be provided.

***Supplies to bring:*** sewing machine, basic sewing notions, and 100% cotton thread. ***If thread is not cotton it WILL melt in the microwave.***

**MUST be able to operate your own sewing machine.**

Takes place from 9:00a-12:00p on November 1<sup>st</sup>. Sign up via QR code below. Ages 15+ only. **Cost: \$10.**

*Instructor: Nancy Lindsay*

**Location: Boyle County Extension, 99 Corporate Dr., Danville, Kentucky**

**CLICK ON QR CODE  
TO REGISTER**



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# Cheesy Pumpkin Pasta Bake

## Ingredients:

Nonstick cooking spray  
2 cups dry penne pasta (or any short pasta such as bowtie)  
1 1/2 tablespoons unsalted butter, divided  
1 small, sweet onion, diced  
1 can (15 ounces) pumpkin puree (not pumpkin pie filling)  
1 cup low-fat milk  
1 cup sharp cheddar cheese, shredded  
1/2 cup grated parmesan cheese, divided  
1 teaspoon dried thyme  
3/4 teaspoon salt  
1/2 teaspoon ground black pepper  
3/4 teaspoon nutmeg (optional)



## Directions:

1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
2. Preheat oven to 350 degrees F.
3. Spray a 2-quart baking dish with nonstick cooking spray and set aside.
4. Cook pasta according to package instructions. Drain and set aside.
5. While pasta cooks, in a large skillet over medium heat, melt half of the butter. Add the onion and cook until tender, about 3 to 5 minutes.
6. Reduce heat to low and add the pumpkin puree, milk, cheddar cheese, 1/4 cup parmesan cheese, thyme, salt, pepper, and nutmeg (if using) to the skillet. Stir to combine until cheese is melted and the sauce is smooth.
7. Add the pasta to the sauce and gently combine. Pour into the prepared baking dish.
8. Melt the remaining butter in a small bowl and add panko breadcrumbs. Stir to combine and sprinkle evenly over the pasta.
9. Bake uncovered for 20 to 25 minutes or until heated through.
- 10.-Sprinkle with the remaining 1/4 cup parmesan before serving. Refrigerate leftovers within two hours.

Source: Adapted from Loves Grow Wild, <https://lovegrowswild.com/2014/10/cheesypumpkin-pasta-bake>  
Nutrition facts per serving: 240 calories; 9g total fat; 5g saturated fat; 25mg cholesterol; 400mg sodium; 30g total carbohydrate; 3g dietary fiber; 4g total sugars; 0g added sugars; 11g protein; 0% Daily Value of vitamin D; 15% Daily Value of calcium; 10% Daily Value of iron; 2% Daily Value of potassium



# October 2025

Notes

ToDo

sun	mon	tue	wed	thu	fri	sat
28	29	30	1 -Air Fryers Lesson-11a- BCEO	2	3	4
5	6	7	8 -76ers Club Meet- BCEO	9	10	11
12 HOMEMAKERS WEEK Oct 12-18	13 -Hnker Week Diamond Art-10a-2p-BCEO	14 Hnker Week-Pumpkin Craft-11a-2p-BCEO	15 Hnker Week-Planting Trees & Chair Yoga -Hnker Week-AARP Driving Safety-12p-4p- BCEO	16 -Hnker Week-Fall Themed Tasting Party & Silent Auction-6p-7:30-BCEO	17 -Selvage Tote Class- 9:30a-BCEO	18 -Craft Supply/Swap Sale-10a-3p-BCEO -JFO Day-10a-2p
19	20 -Executive Board -12p-BCEO -Council Meet-100p-BCEO -Upcycle Jacket Class-6p	21	22	23	24	25 -Craft Camp-BCEO
26	27	28	29	30	31	